

RAH SCHOOL
Checklist for Child's Welfare

Child's Name _____

Date of Birth _____

Age (Months) _____

Today's Date _____

Person Completing the Checklist _____

Relationship to Child _____

Sr #	PARTICULARS	YES	NO	N/A	DATE	INITIAL
1	Regularly checking in with adults/carers.					
2	Settling themselves to sleep at night or during the day.					
3	Attempting to brush teeth.					
4	Knowing where familiar items are kept.					
5	Removing their own socks and shoes.					
6	Cooperating with dressing by extending an arm or leg.					
7	Using toilet with assistance					
8	Finger and toe nails need to be clean and trim					
9	Hair would be neatly done					
10	Ensuring there are no lice and nits					
11	Wear inexpensive, clean and comfortable clothes					
12	Understanding common dangers of hot objects, stairs, glass.					
13	Girls with pierced ears may only wear plain studs					
14	Girls not to wear any other jewellery					
15	Footwear, in particular, must be safe.					
16	Fizzy drinks are not allowed					
17	Nuts, especially peanuts, are not allowed					
18	Edibles containing nuts & chillies, sour jellies, chewing gums, expensive items, gas balloons are not allowed					
19	Taking of photographs of other than ones' own child is not allowed					
20	Photos are not for public viewing after event or Birthday					
21	Sitting to look at a book independently to be encouraged.					

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22	Unbuttoning large buttons.					
23	Expressing emotions in a controlled manner.					
24	Experiencing a range of different textured foods.					
25	Engaging in imaginative play.					
26	Using a napkin to wipe face and hands.					
27	Feeding self simple meals using a fork or spoon.					
28	Taking off socks and shoes.					
29	Enjoying / tolerating messy play.					
30	Taking turns.					
31	Dressing and undressing self (only requiring assistance with laces, buttons, and other fasteners in awkward places).					
32	Using Toilet independently.					
33	Independently packing items away.					
34	Being comfortable with different clothing textures, seams, tags.					
35	Feeding self without difficulty.					
36	Developing friendships.					
37	Choosing weather appropriate clothes.					
38	Sitting at a desk, following teacher instructions, and independently doing simple in-class assignments.					
39	Packing a bag for school or other outings with assistance.					
40	Opening lunch boxes, zip lock bags, food packaging.					
41	Showering independently.					
42	Morning routine at school (putting bag away, putting drink bottle in correct spot etc.).					
43	Telling the time.					
44	Playing with 4 or 5 children in a group.					
45	Encouraging the need to talk and ask questions.					

Prepared By

Checked By

Approved By